



## Summer 2021 Newsletter Edition

Editor— Elizabeth Cardinal—  
Youth and Cultural Coordinator

### Message from Coordinator

It's been busy few months trying to get our program up and running due to Covid 19. I want to thank the staff for diligently working hard to have some form of programming for the youth of Peerless Trout. Over the spring and summer, we had been trying to keep our youth busy thru online and home activities and briefly some in- center programs. We were fortunate to be able to purchase a big screen this spring and have movie nights with families. We were also able to purchase ice fishing gear, snow shoes and canoes this year for youth to utilize along with various sports equipment.

We are looking forward to the up coming fall and winter with the hopes that we can open up our centers more to youth. Many activities are planned. We are also collaborating with Elizabeth Quintal School and Kateri School to have more activities for our youth.

We encourage youth and parents to share ideas with us to see what they would want from the program. We want to do workshops geared towards helping youth. We will be having homework nights, craft nights, drama nights and hopefully utilize the new gymnasiums soon for sports nights.

I want to thank our Chief and Council for encouraging our program, the youth for participating in activities and to parents who have shared their ideas already. Thank you to Janene Wilson, Plan4Ward, for all your guidance and help. We look forward to working with other agencies/ organizations in the near future to make this program a successful one for our youth and children.

Thank you and stay safe

Elizabeth Cardinal

Youth and Cultural Program Coordinator

## SUMMER DAY CAMPS

We were so excited to hear that we could finally start having kids in our centers after the COVID restrictions had lifted. One of the first things we did was to have Youth Day Camps. Our Youth Day Camps were for ages 5 – 9 years old, one day at the Peerless Lake Center and the next was at the Trout Lake Center. For the first hour or so, we did some canvas painting where the kids had to squeezed some paint drops of different colors on the canvas then had to cover it with cling wrap and while the canvas was covered, they had to use their fingers to smooth the paint all over which makes a nice pattern on the canvas. The kids really seemed to enjoy it and they loved the way their paintings turned out. Once all of the kids were finished, they left their masterpieces to dry while we played some games with them. We did games like nerf gun target shooting and lucky for us both days were nice and sunny so we went out and played water balloon toss, water sponge relay, egg toss and egg race plus more. I'd like to think that both Day Camps went really well and the kids really seemed to enjoy themselves. Most of the events and activities that we plan are usually for the older ages but I can't wait to plan more things for the younger kids as well.



Kally Cardinal—Youth Worker



Photo taken by Kayden  
Noskiye

More photos taken by  
youth in back page



Youth, Gracie Noskiye  
horseback riding at Youth  
Camp, more about the  
camp inside this edition

# Peerless Trout Youth Summer Cultural Camp

Youth summer cultural camp on August 27-30 was a great way to end the summer. We had 18 youth attend the camp at the Narrows campground in Peerless Trout First Nation.

We had a lot help this year setting up the camp, from putting up canvas tents, setting up our kitchen, to making sure we were stocked up on fire wood. Thank you to all the community members who stepped up to help.

This year's camp had many activities for youth to do. We had fish net setting, where the youth were taking out on the lake in boats to learn how to set a net. Thank you to Peter Thunder and Rene Auger for taking the time to teach our youth. We were successful with our catch. We caught 18 whitefish and a few pickerel. The youth were also taught how to make smoked fish. It was a great experience.

We had some moose meat and made some dry meat. We also had the opportunity to have some traditional meals for supper, like fried moosemeat, moose nose soup and smoked ribs, completed with bannock cooked in the open fire; delicious.

We had youth go out on canoes with the camp attendants, we did target shooting with a pellet gun, movie night on the big screen tv, and volleyball games to end off the evenings.

This year we had a couple special treats for the camp attendees. First, we had KTC CFS come for two days to do activities with the youth. They did tie dye shirts and canvas painting. They really enjoyed them, thank you to the staff of KTC CFS for the work you did with our youth. This year we also had the opportunity to go horseback riding. We had Merle Noskey from Loon River First Nation come and bring a team of horses for the youth. For a lot of them, this was the first-time horseback riding and the look on their faces said it all. They loved it. We look forward to seeing Merle and his horses next year. Thank you Merle.

This year we had more families join us for our youth camp. We had about 10 families come stay at the camp with us through out and also had many people stop in for a visit. Was great to see so many people come out and just enjoy the surroundings and the people.

We want to thank the following people for making this year's camp a success because without them it wouldn't have been possible. Starting with Hebrews Quintal, Douglas Letendre, Tom Muskwa and Deon Orr for setting up the tents, hauling the supplies and helping set up the kitchen. Ben Auger, Monita Cardinal, Dean Cardinal and Herman Auger for building the tent flooring. Thank you to Terry Okemow, Tanya Cardinal. PTFN Health staff for all the cooking, thank you to Peter Thunder, Rene Auger, Edward Sinclair for helping around the camp and taking the time to teach the youth in various activities. Thank you to Councilor Corrine Alook and Marcel Noskiye for helping with the planning, setting up and helping throughout the camp. Thank you to Lillian Noskiye, Health Director for all the help and supplying the camp with food and extra hands. John and Theresa Cardinal for helping with the take down and clean up, and to everyone else who helped in anyway possible. Thank you to Brad Laboucan in making sure everything was ready, set up, and making sure things were running smoothly all thru the camp, and also for taking the time to help teach the youth in some activities. We really appreciate it.

We already looking forward to next years summer camp and we hope we can make it bigger and better.







More pictures of  
the camp in next  
page...



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Monthly brochures will be in mail boxes to see what is coming up in both centers. Keep an eye out for our fall brochures.

Join us on our Facebook page: **Peerless Trout Youth and Cultural Program**

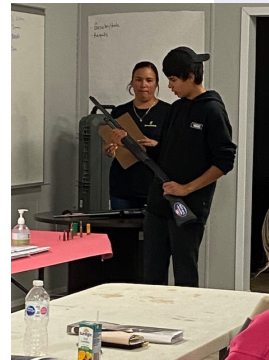
Stay safe..



## FIREARM SAFETY COURSE COMES TO PTFN FOR THE YOUTH.

This past summer we've had the pleasure of having Jenn Cardinal from Cardinal Firearm Safety, Enoch Alberta, to our communities for the Non-restricted & Restricted Possession Acquisition License (PAL) or the fire arm safety course. We've had a very successful rate of our members passing the written and practicum exams and we are proud of all those who attended and took the time to learn about a very serious topic. Jenn Cardinal was calm and made sure that she was well understood during the entire course and was very thoughtful and considerate towards everybody's learning pace. Owning a fire arm comes with a big responsibility on the owner and the course gives the participants all the updated laws and safety procedures to make sure that the fire arm is well managed and kept safely in the owner's care. We would like to give Jenn Cardinal a big thank you for coming to our community and teaching our youth and we hope to see them again in the near future with more of our children.

Lane Auger, Youth Worker



*"We cannot always build the future for our youth, but we can build our youth for the future." Franklin D Roosevelt*

## SPORTS NIGHTS WITH THE YOUTH

Tansi, our first summer of running sports with the youth since starting the program has been interesting. We got some good feedback from parents concerning which sports to introduce which was very helpful to us. We had some good turnouts and it was nice to see the youth showing more interest in sports they may already know, but more details at the competitive level. Some even new to the sport, we were happy that they wanted to try it regardless. My main goal was to try and get them interested in a sport they might want to pursue at the college level if more parents get them interested at a middle school and junior level now that we have proper gymnasiums in both communities. A lot of parents may not know of these colleges around the province with good sports and indigenous programs so leaving to go play while furthering their education isn't impossible. My coworkers and I have really gotten to know a lot of the kids and their inter-

est, hobbies and they really show lots of potential for a successful and happy life. A lot of Athletes among them, artists some visionaries who want to change things possibly if they wanted to. They all have their own strengths and I have no doubt they can be all they can be. We hope you will all be patient with us as covid is still making it difficult to do anything off and on but we will be running programs about different life skills over the course of the year and want to instill a good mindset for life as they get older and leave after high school.

Christopher Cardinal, Youth Worker







Photo taken by Makenzie Thunder

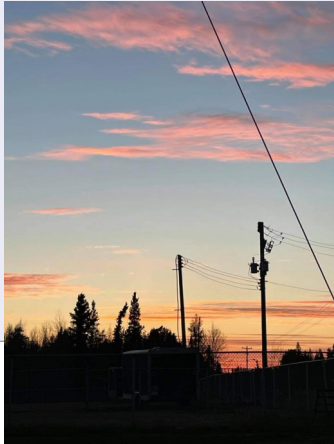


Photo taken by Emma Okemow

## SPRING AND SUMMER PHOTOGRAPHY CONTEST

This spring and summer we had challenged the youth to a couple photography contests. One contest was a Nature Photography and the other was Silhouette Photography. We had a lot of great entries from Mckenzie Thunder, Deandre Okemow, Emma Okemow, Kayden Noskiye, Kerri Orr, Theoren Orr and many others. The ones named were our winners from the two contests. The pictures that were submitted, are displayed in our Youth and Cultural Buildings. We are also thinking of displaying some pictures in the other community buildings so the members can see how talented the Youth are. We don't only display the winner's photos but also the other pictures that are sent to us so please if you see our other photograph contests, please do not hesitate to send us your submissions! We love all the pictures we get!

Kally Cardinal, Youth Worker

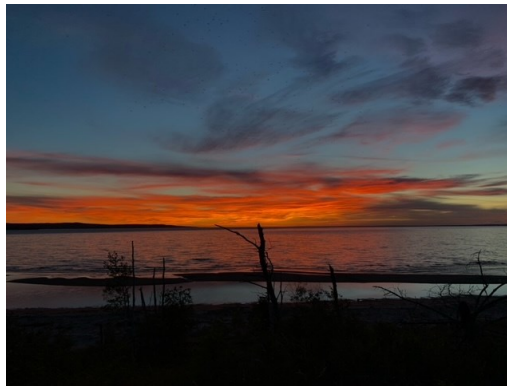


Photo taken by Kerri Orr

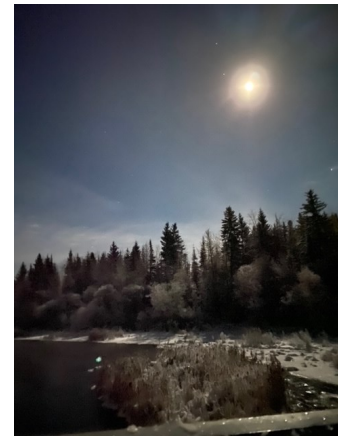


Photo taken by Roberta Metsikassus

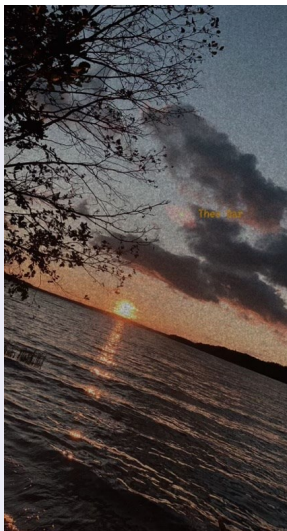


Photo taken by DeAndre Okemow



Photo taken by Avery Laboucan



Photo taken by Chelsea Houle



We will see you in our fall and winter edition..